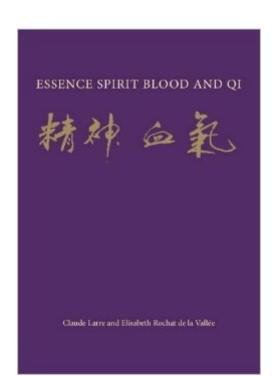
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# Essence Spirit: Blood And Qi (Chinese Medicine From The Classics)





## Synopsis

Essence, spirit, blood and qi are the fundamental and indispensable elements comprising life in a human being. Their individual qualities and interactions with one another determine the pattern for all movements of life, reflecting those of the cosmos. This book explores these ideas, considers each of the substances and presents observations and insights which are rooted in scholarship and philosophical reflection.

### **Book Information**

Series: Chinese Medicine from the Classics Paperback: 148 pages Publisher: Redwing Book Co (January 1996) Language: English ISBN-10: 1872468187 ISBN-13: 978-1872468181 Product Dimensions: 0.5 x 6 x 8.5 inches Shipping Weight: 4.5 pounds Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #1,107,280 in Books (See Top 100 in Books) #102 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Acupuncture #718 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #76007 in Books > Medical Books

#### **Customer Reviews**

Based on lectures, this is a very useful insightful description from true scholars who researched the origin of the characters involved with the original medical classics. These books are not written by other people and endorsed with a famous name. They are actual words from the authors. I have attended these lectures, so I can vouch for them.

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